



Fall 2022 Newsletter

Hello, Friends of Shepherd's House!

As summer comes to an end and we gear up for fall, we have lots going on at Shepherd's House! As you may already know, we have our very first Fall Benefit Dinner and Open House. This will be an opportunity to hear from me, the Executive Director, about what the vision of Shepherd's House is for the future and what we have going on to improve the lives of women housed at our facility. If you have not yet received an invitation and would like to, please email me at tullahomashepherdshouse@gmail.com, and I will gladly get one to you. We would love to have you! At this event you will have a nice dinner and dessert, and you will have the opportunity to tour Shepherd's House and see for yourself the great things we have going on. It will be an opportunity to give back to your surrounding community. It is my goal that the women at Shepherd's House never have to wrestle with homelessness again, and we would love you to be a part of that. Please join us in our vision!

I have now been at Shepherd's House for a year, and I am still learning so much about our community and its needs. One thing that I have learned is that the people of middle Tennessee are incredibly willing to help. We have had a dentist volunteer to help a resident and has done all her dental work for free. We have groups that come to do much needed yardwork. We have a board member who has been a huge help to me by building a much-needed closet in the garage, and he also has helped me clean out the garage. We have an elderly gentleman who volunteers his time to do whatever I need. A local chiropractor and his wife donated money for us to have our website rebuilt. I am extremely grateful for the groups and individuals that help make Shepherd's House function every day. To everyone who has helped, thank you from the Board of Directors and from me. We cannot do this without you.

I also wanted to give you a bit of information about how we determine if someone qualifies to stay at Shepherd's House. We are not simply an overnight shelter. We do so much more! When a woman comes to Shepherd's House, she is interviewed to determine if she meets the qualifications. She is given a drug test and will have regular drug tests if she is accepted. She is required to perform chores, to cook, and most importantly, she is required to get along with others and help make Shepherd's House a peaceful place to stay. Attendance at Parenting classes and Life Skills classes is required. Having a job and saving 75% of her income is also a requirement. So many of our residents have developed negative coping skills, and it is our job to help correct the thought processes and habits that have contributed to failures and struggles. Our goal is long-term success and independence for each woman that comes to

Thank you for what you do to help!!

Angela Alsup
Executive Director

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And my God will supply every need of your according to His riches in glory. Philippians 4:19