



## Middle Tennessee Shelters & Sober Living Facilities

### Men's Facilities

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|--|--------------|-----------------------------|
| - Spero House - Recovery Center            | 256-239-2992 | (Tullahoma/ Estill Springs) |
| - Be the Bush Ministries - Recovery Center | 931-434-6018 | (Manchester)                |
| - Mosaic Center - Recovery Center          | 931-636-0147 | (Pelham)                    |
| - Almost Home                              | 931-968-2503 | (Winchester)                |
| - Salvation Army                           | 615-895-6018 | (Murfreesboro)              |
| - R3 Sober Living                          | 931-434-3899 | (Winchester)                |
| - Tony Rice Center                         | 931-685-0957 | (Shelbyville)               |
| - First Things First Sober Living Home     | 615-896-6697 | (Murfreesboro)              |
| - Anchored Outreach & Recovery             | 931-968-1300 | (Winchester)                |

### Women's Facilities

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|---|--------------|----------------|
| - Shepherd's House – Shelter & Life Recovery Center | 931-393-4818 | (Tullahoma)    |
| - Stepping Stones                                   | 615-900-4427 | (Murfreesboro) |
| - Brooks House                                      | 615-444-8882 | (Lebanon)      |
| - Family Promise Manor of Greater Chattanooga       | 423-756-3891 | (Chattanooga)  |
| - Miriam House - Recovery Center                    | 931-616-9268 | (Manchester)   |
| - Blue Monarch - Recovery Center                    | 931-924-8900 | (Hillsboro)    |
| - Invitation Ministries - Recovery Center           | 337-551-2714 | (Crossville)   |
| - Renewal House - Recovery Center                   | 615-255-5222 | (Nashville)    |
| - Nashville Rescue Mission - Life Recovery Program  | 615-312-1580 | (Nashville)    |

### Men & Women

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|-------------------------------------|--------------|-----------------|
| - Resurgence Rehabilitation         | 949-524-7348 | (Fayetteville)  |
| - Sober Living of America - Women's | 931-252-4209 | (Murfreesboro)  |
| - Sober Living of America -Men's    | 931-252-4209 | (Antioch)       |
| - Open Hands Shelter                | 931-212-3112 | (Shelbyville)   |
| - Mirror Lake Recovery Center       | 615-570-4105 | (Burns/Dickson) |
| - Discovery Place Rehabilitation    | 800-725-0922 | (Burns/Dickson) |
| - Journey Pure Rehabilitation       | 615-410-9260 | (Murfreesborro) |

### Family Facilities

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|----------------------------------|--------------|----------------|
| - Cookeville Rescue Mission      | 931-528-5819 | (Cookeville)   |
| - Nashville Rescue Mission       | 615-255-2475 | (Nashville)    |
| - Chattanooga Rescue Mission     | 423-756-3126 | (Chattanooga)  |
| - Union Gospel Mission           | 423-752-4998 | (Chattanooga)  |
| - Journey Home INC               | 615-809-2643 | (Murfreesboro) |
| - MacLellan Shelter for Families | 423-756-4222 | (Chattanooga)  |
| - Cadas Family Way               | 423-756-7644 | (Chattanooga)  |
| - Bread of Life Rescue Mission   | 931-707-0503 | (Crossville)   |